## recipe for


excellence

## 2013-14 Elementary Breakfast Menu

monday
Cinnamon
Roll

| TUESDAY | WEDNESDAY |
| :--- | :--- |
| Oatmeal | Breakfast |
| Breakfast | Burrito |
| Round |  |
|  |  |


| thURSDAY | FRIDAY |
| :--- | :--- |
| $\square$ |  |
| $\square$ | Pancakes (2) |
|  | Breakfast |
|  | Bread |
|  |  |


| TUESDAY | WEDNESDAY | THU |
| :--- | :--- | :--- |
| $\square$ Yogurt Parfait |  |  |
| Bar | $\square$ | Waffle |

Biscuit \&

## FRIDAY

 Fruit Pocket Sausage| Cycle 1 | Cycle 2 |
| :---: | :---: |
| July 8-12 | July 15-19 |
| July 22-26 | July 29-Aug 2 |
| Aug 5-9 | Aug 12-16 |
| Aug 19-23 | Aug 26-30 |
| Sept 2-6 | Sept 9-13 |
| Sept 16-20 | Sept 23-27 |
| Sept 30- Oct 4 | Oct 7-11 |
| Oct 14-18 | Oct 21-25 |
| Oct 28-Nov 1 | Nov 4-8 |
| Nov 11-15 | Nov 18-22 |
| Nov 25-29 | Dec 2-6 |
| Dec 9-13 | Dec 16-20 |
| Jan 6-10 | Jan 13-17 |
| Jan 20-24 | Jan 27-31 |
| Feb 3-7 | Feb 10-14 |
| Feb 17-21 | Feb 24-28 |
| Mar 3-7 | Mar 10-14 |
| Mar 17-21 | Mar 24-28 |
| Mar 31-Apr 4 | Apr 7-11 |
| Apr 14-18 | Apr 21-25 |
| Apr 28-May 2 | May 5-May 9 |
| May 12-16 | May 19-23 |
| May 26-30 | June 2-6 |
| June 9-13 | June 16-20 |

June 9-13
June 16-20

In addition to the featured menu item, cereal with toast (main entrée), orange juice (Wednesday) or fruit and milk are available each day.

## Breakfast Menu FAQs

What makes a school breakfast? Take at least 3! Students must take 3-4 meal components to make a school breakfast. A main dish is often a combination of two bread items or a bread item and a meat/ meat alternate item. After choosing a main entrée, students can take a fruit (or juice) and/or a milk to make a meal. Signs in the cafeteria will provide more details about making a breakfast meal.

Is breakfast available in each school?
Yes. Check with your student's front office or kitchen manager for breakfast times. Any student may eat breakfast at school each day. If a student qualifies for free and reduced-price meals, they can receive breakfast at no cost each day. Otherwise, breakfast costs $\$ 1.40$ at elementary schools and $\$ 1.50$ at middle and high schools.

Dedicated to Excellence Cherry Creek Schools

